



A Body Transformed

Massage • Polarity • Yoga

22 South Main Street
Topsfield, MA 01983
978.887.9968

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Spring, at last!

Thank you, thank you!

A big note of thanks to our loyal clients for your trust and your business. We view every session as a unique opportunity to serve you to the best of our ability with both our hospitality and skills.

Added Value....

We all benefit from having something to look forward to. By offering our Spring Bodywork Series of six sessions for the price of five, we can offer our experience and expertise at a very affordable price. But, by purchasing it and scheduling those six sessions, you benefit from the “anticipation factor.” You will have structured support for yourself into your future. Bodywork is a great way to reduce stress and tension in the mind and body and we enjoy seizing any opportunity to make it more accessible for our clients. It also makes a great gift for someone you care about. See reverse side for package details.

Create Hope

Walk for HAWC

Join us Sunday, April 26th, as we walk to support HAWC in Salem, MA. Rain or shine, A Body Transformed and ABT Yoga will be walking as a team and a family. At a time when stress and job loss can increase the incidents of domestic violence and support funding is being cut, HAWC continues to provide services and support to affected families in our local communities. We would love to have you join us in the walk, either literally (join the team) or figuratively (by donation). It should be a fun day. If you would like to participate, please see Ken at ABT Yoga for the sign up sheet or contact him through the website (abtyoga.com). Peace to you all!

Mission Statement

To educate and assist our students and clients in joyfully reclaiming their bodies' natural ability to heal and move towards a greater sense of wholeness in body, mind, and spirit.

Name _____ Date _____

Practitioner _____

SPRING BODYWORK SERIES 2009

1

2

3

4

5

Free
Session

Choose one:

Six 60-minute Massage and/or Polarity sessions

\$375⁰⁰

Six 75-minute Massage and/or Polarity sessions

\$425⁰⁰

Six 90-minute Massage and/or Polarity sessions

\$500⁰⁰

Six Phoenix Rising Yoga Therapy sessions

\$475⁰⁰

Six Thai Yoga Massage sessions

\$475⁰⁰

Six Hot Stone Massage sessions

\$600⁰⁰

Yes, I would like to purchase a series.

Enclosed please find my check for \$ _____

Please charge \$ _____ to my MC/Visa

Account # _____ Exp. Date _____

Signature _____

I will be calling soon to schedule an appointment.

I would like for you to contact me upon receipt of this correspondence to schedule an appointment.

Mail to:
A Body Transformed
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Offer good through June 1, 2009.